

Diocese of the Eastern United States

Vision: To be a community of faith expressing the life and communion of the holy Trinity in the historic Anglican tradition.

Mission: To bring people to Jesus Christ and to incorporate them into the community of faith through our historic Anglican tradition.

St. Alban's Anglican Cathedral

St. Alban's is the Cathedral Church of the Diocese of the Eastern United States of the Anglican Province of America. We are a part of the historic Holy Catholic Church, tracing our teaching and ministry to the Apostolic Church, and part of the worldwide Traditional Anglican movement.

CLERGY AND STAFF

The Most Rev. Chandler Holder Jones, SSC <i>Presiding and Diocesan Bishop</i>	The Rev. Bartol F. Stone, <i>Assisting Priest</i>
The Most Rev. Walter H. Grundorf, D.D., <i>Bishop in residence, Rector Emeritus</i>	The Rev. Mr. Carlton A. Bridgewater, <i>Deacon</i>
The Very Rev. Ralph F. Waterhouse, <i>Dean</i>	The Rev. Mr. Grant R. Brodrecht, Ph.D., <i>Deacon</i>
The Rev. Peter A. Joslyn, <i>Assistant Priest</i>	Sister Linda K. Burns, OSB, <i>Deaconess</i>
The Rev. David Keller, <i>Assisting Priest</i>	Mr. Tim Conyers, <i>Organist & Choirmaster</i>
	Mrs. Erin Joslyn, <i>Office Administrator</i>
	Mrs. Kelli Brodrecht, <i>Financial Secretary</i>

CHURCH VESTRY

Janet Andreasen, <i>Sr. Warden</i>	Glen Farley
Bruce Merimann, <i>Jr. Warden</i>	Robert Strodtbeck
Tim Michaud, <i>Secretary</i>	Glen Wieland
Gayemarie Wheeler, <i>Treasurer</i>	Joe Terlizzese
	Amy Clark

SUNDAY

8:00am Holy Eucharist
9:15am Christian Education
10:15am Holy Eucharist (Sung)
Nursery available at 10:15 am service

OFFICE HOURS

Mondays -Tuesdays by appointment
Wednesdays -Fridays 10:00am - 3:00pm

WEDNESDAY

6:00pm Evening Prayer in Lent

THURSDAY

10:30am Bible Study
Holy Eucharist at Noon

Seasonal Masses may be seen
on our Website and/or Facebook page

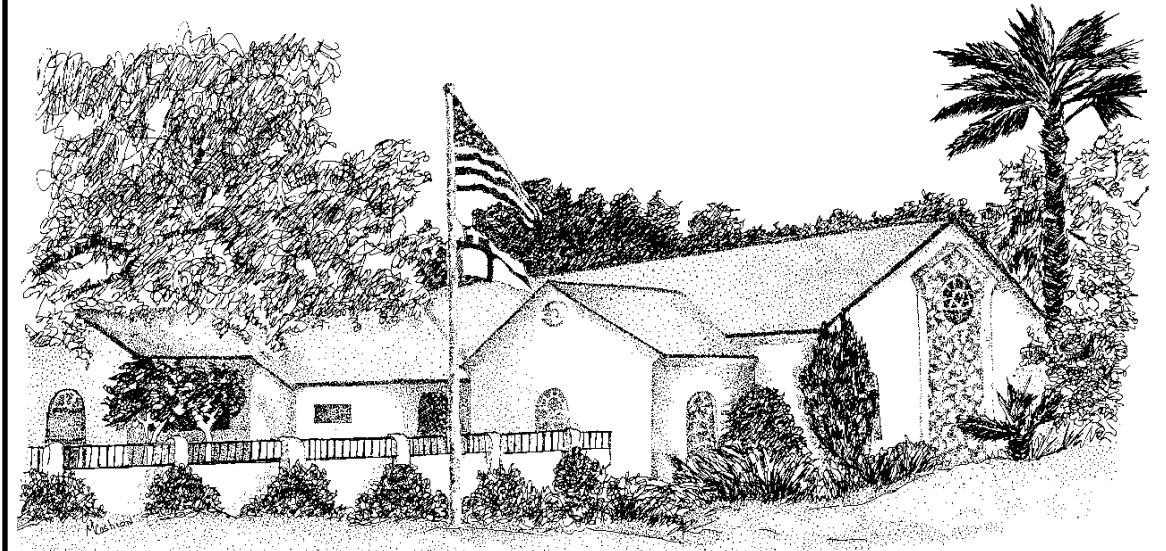


ANGLICAN PROVINCE
OF AMERICA

St. Alban's Anglican Cathedral

Sexagesima

February 23, 2025



The drawing of St. Alban's Cathedral is the work of Marie Cashion, a member of the parish family

WELCOME!

We are delighted that you have chosen to worship with us at St. Alban's. We are blessed by your presence. In this booklet you will find the order of the liturgy. In worship, we use the American Book of Common Prayer (1928 Edition) which is found in the pews. The hymns listed here and on the hymn board in the front of the church are found in the Red Hymnals in your pew. Our Bible readings are provided in this bulletin and Bibles are in your pew if you prefer to look up the passages.

Nursery care is available in Kimsey Hall Parish House. Please ask an usher for directions to our Nursery.



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St. Alban's Anglican Cathedral

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PRELUDE

<i>Processional Hymn</i> (Stand)		<i>Hymnal</i>	564
Collect for Purity (Kneel)	Book of Common Prayer	BCP	67*
Introit			
Summary of the Law		BCP	69
<i>Kyrie Eleison</i>		<i>Hymnal</i>	702
Collect for Sexagesima		BCP	120
Lesson: Isaiah 50:4-10		B. Frazer	
<i>Psalm 71:1-2, 19-23</i>		<i>BCP</i>	426
Epistle: II Corinthians 11:19-31		BCP	120
<i>Gradual</i> (stand)			
Holy Gospel: St. Luke 8:4-15		BCP	121
Nicene Creed		BCP	71
Announcements/Special Blessings			
<i>Sermon Hymn</i>		<i>Hymnal</i>	563
Sermon (Sit)		The Rev. David Keller	

Offertory

“Come thou Fount of Every Blessing” ~ arr. Mark Wilberg

<i>Presentation of Alms</i> (Stand)		<i>Hymnal</i>	139
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Sam: All things come of thee, O Lord, and of thine own have we given thee.

Biddings: (Kneel) Pray Brethren ... **(R) May the Lord receive this
Sacrifice at thy hands to the praise and glory of His Name,
both to our benefit and that of all His Holy Church. Amen.**

Prayer for the Church (Kneel)		BCP	74-75
Invitation & Confession		BCP	75
Absolution & Comfortable Words		BCP	76
<i>Sursum Corda, Sanctus & Benedictus</i>	BCP 76-77	<i>Hymnal</i>	797
Canon of the Mass		BCP	80-81
<i>Lord's Prayer</i>	BCP 82	<i>Hymnal</i>	722
Prayer of Humble Access		BCP	82
<i>Agnus Dei</i>		<i>Hymnal</i>	712
<i>Ecce Agnus Dei:</i> Behold the Lamb of God ...			
<i>(R) Lord, I am not worthy that Thou shouldst come under my roof, but speak the word only and my soul shall be healed. (3 times)</i>			

St. Luke 8:4-15

BCP 121

When much people were gathered together, and were come to him out of every city, he spake by a parable: A sower went out to sow his seed: and as he sowed, some fell by the way side; and it was trodden down, and the fowls of the air devoured it. And some fell upon a rock; and as soon as it was sprung up, it withered away, because it lacked moisture. And some fell among thorns; and the thorns sprang up with it, and choked it. And other fell on good ground, and sprang up, and bare fruit an hundredfold. And when he had said these things, he cried, he that hath ears to hear, let him hear. And his disciples asked him, saying, What might this parable be? And he said Unto you it is given to know the mysteries of the kingdom of God: but to others in parables; that seeing they might not see, and hearing they might not understand. Now the parable is this: The seed is the word of God. Those by the way side are they that hear; then cometh the devil, and taketh away the word out of their hearts, lest they should believe and be saved. They on the rock are they, which, when they hear, receive the word with joy; and these have no root, which for a while believe, and in time or temptation fall away. And that which fell among thorns are they which, when they have heard, go forth, and are choked with cares and riches and pleasures of this life, and bring no fruit to perfection. But that on the good ground are they, which in an honest and good heart, having heard the word, keep it, and bring forth fruit with patience.

*Book of Common Prayer and Hymnals can be found in Pew Racks

Sexagesima

Isaiah 50:4-10

The Lord GOD hath given me the tongue of the learned, that I should know how to speak a word in season to him that is weary: he wakeneth morning by morning, he wakeneth mine ear to hear as the learned. The Lord GOD hath opened mine ear, and I was not rebellious, neither turned away back. I gave my back to the smiters, and my cheeks to them that plucked off the hair: I hid not my face from shame and spitting. For the Lord GOD will help me; therefore shall I not be confounded: therefore have I set my face like a flint, and I know that I shall not be ashamed. He is near that justifieth me; who will contend with me? let us stand together: who is mine adversary? let him come near to me. Behold, the Lord GOD will help me; who is he that shall condemn me? lo, they all shall wax old as a garment; the moth shall eat them up. Who is among you that feareth the LORD, that obeyeth the voice of his servant, that walketh in darkness, and hath no light? let him trust in the name of the LORD, and stay upon his God.

Psalms 71:1-2, 19-23

BCP 426

II Corinthians 11:19-31

BCP 120

Ye suffer fools gladly, seeing ye yourselves are wise. For ye suffer, if a man bring you into bondage, if a man devour you, if a man take of you, if a man exalt himself, if a man smite you on the face. I speak as concerning reproach, as though we had been weak. Howbeit whereinsoever any is bold, (I speak foolishly,) I am bold also. Are they Hebrews? so am I. Are they Israelites? so am I. Are they the seed of Abraham? so am I. Are they ministers of Christ? (I speak as a fool) I am more; in labours more abundant, in stripes above measure, in prisons more frequent, in deaths oft. Of the Jews five times received I forty stripes save one. Thrice was I beaten with rods, once was I stoned, thrice I suffered shipwreck, a night and a day I have been in the deep in journeyings often, in perils of waters, in perils of robbers, in perils by mine own countrymen, in perils by the heathen, in perils in the city, in perils in the wilderness, in perils in the sea, in perils among false brethren; in weariness and painfulness, in watchings often, in hunger and thirst, in fastings often, in cold and nakedness. Beside those things that are without, that which cometh upon me daily, the care of all the churches. Who is weak, and I am not weak? who is offended, and I burn not? If I must needs glory, I will glory of the things which concern mine infirmities. The God and Father of our Lord Jesus Christ, which is blessed for evermore, knoweth that I lie not.

Communion

Communion of the Faithful (Kneel)

Communion Hymn

Hymnal 190

Prayer of Thanksgiving

BCP 195

Dismissal and Blessing (Kneel)

BCP 84

Recessional Hymn (Stand)

Hymnal 288

Please join us for coffee and conversation in Kimsey Hall Parish House after Mass (take a left out of the church and follow the sidewalk to the door on the left).

PRAYER LIST

Our prayers for those in need of God's healing mercies in either body, mind or spirit:

PARISHIONERS: *Joslyn family, Mary, Sherrod, Laurie Wren, Anyah, Sidonie, Joe, Jackie, Bonnie, Elaine, Glen, Bailey, Sue, Ruth, Pam, Laverne, Bishop Grundorf, Tom R., Dorothy, Bob F., Tom, Anna, Ann & Ed, Lily, Phyllis, Fr. Peter, Stephen & Hannah, Ivy, Phillip, Donna, Dorrett, Martha, Barbara, Virginia, Linda T., Yvonne, Samuel, Dottie P., Janet S., Mary S., Terry, Marilyn & Bill, George, Ana, Xavier, Juan & Ana, Marie G., Peggy, Fr. Dane (Wren), Will, Ventrice, Bob, Horst and Pam B., Keith, Fr. Carlton and Jackie, Yvonne L., Dee, Joyce H., Barbara Gibbs, E.G., Maggie, Vivienne, Destiny, Ginny M., George and Vilma, Randolph and Norma, Fr. Boyd and Sarah, Fr. Eastes*

FIRST RESPONDERS: Ethan, Thomas, Bo, Jonathan and Kristina.

FAMILY, FRIENDS & OTHERS: *David, Carissa, Karen, Mary, Kat, Vic; Fr. Mark Menees, Bob, Cassie, Doug, Rachel and twins, Myra, Edward; Bishop Ayule-Milenge and believers in Bukavu, Leah, Dan, Amy, Rafael, Mari Alyssa; Ryan, Ellie; Humbert, Debbie, Kinser family, Kristin, Timothy*

ARMED FORCES: *Evan (USAF), Matthew (West Point), Alexander (Army), James (Marines), Josiah (Marines), Donovan (Army), Grant (USAF), Alex (Army), Selah (Marines), Ken (Navy), Joshua (Navy), Laura (Space Force), and all those serving our country at home and overseas, especially those in harms way.*

TRAVEL: *Fr. Ralph and Debbie, Martha, Scott and Felicia, Joyce and Keith, Lewis and Lynn, McLean family*

EXPECTANT MOTHERS: *Grace Brodrecht and child, Sarah Yoho and child, Liz Clark and child*

RIP: *Barbara Gibbs*

* New additions this week in *italics*; Hospital/Rehabilitation Facility in **bold**.

** PRAYER LIST REQUESTS: Please renew any continuing prayer requests for family and friends by the **first week of each month**. Requests not renewed on prayer lists will be removed.

ANNOUNCEMENTS

Upon entering the nave of our church, we begin to prepare ourselves for our Lord's blessings and forgiveness. After communion, we give thanks in quiet prayer. Silence and respect are requested at both times for all who are in prayer.

THE ALTAR GREENERY are given this week to the Glory of God and in thanksgiving for the 70th Anniversary of Bill and Marilyn Hodgson!

PRE-LENT AND LENT: ALTAR GREENERY—During the weeks leading up to Lent, only greenery is used on the altar. During Lent, only candles are used. Donations given during these times go toward the greenery and sanctuary candle oil costs. *To have your donation listed in the bulletin, please sign up on the bulletin board in Grundorf Hall or Kimsey Hall Parish House. (\$30 suggested donation.)*

WELCOME: We welcome all our visitors this morning! Please join us in the Kimsey Hall Parish House (take a left out of the church and follow the sidewalk) after Mass for coffee and fellowship. You are invited to complete a Welcome Card, located in the pew rack, and place it in the alms basin so we might be able to contact you.

ADULT FORUM: Join us in Kimsey Hall at 9:15 as we learn about those Church fathers who shaped the church and her theology in her earliest years. Most adult forums, including the “year-through-the-Bible” and early church fathers lectures, can be accessed online at: [youtube.com/@st.albanschurch3298](https://www.youtube.com/@st.albanschurch3298).

RIP: Barbara Gibbs entered life eternal this past week and was laid to rest on Thursday, Feb. 20th. Please pray for the Gibbs family as they mourn her passing.

RETURNING YOUR PALMS: Please return your palm branches saved from last year and deposit them in the basket in the narthex. They will be burned and used as the ashes applied in worship on Ash Wednesday.

FAREWELL TO THE ALLELUIAS: The word Alleluia translates to “*Praise the Lord*” for Christians, and is an expression of great joy. The phrase is uttered often in the Psalms (esp. 111-117), chanted by the saints in heaven in Revelation (chap. 19), and woven throughout our liturgy in various ways from week to week. During the penitential seasons of pre-Lent and Lent, the Alleluias are not said. This underscores the solemnity of this portion of the liturgical year until Holy Saturday (Alleluia Saturday) when they will be brought back in joyous anticipation of the Great Easter Feast.

LENTEN STUDY 2025: We will begin our parish Lenten study this **Wednesday, February 26** at **6 pm**. The office of Evening Prayer will precede the study every week at 6 pm, with a potluck supper (Lenten fare) to follow and accompany the presentation. This year, our theme will be “The Anglican Rule: Prayer and Devotion in the Prayerbook Tradition,” led by Fr. Peter.

STATIONS OF THE CROSS will be observed every Wednesday at noon during Lent.

SHROVE TUESDAY FESTIVAL: St. Alban's is planning our annual feast on Shrove Tuesday, **March 4!** This year we're planning to “go big,” with traditional pancakes (and pancake races), and we're calling on our parish gourmands to contribute their favorite rich and savory dishes, as we mark the beginning of another Lenten pilgrimage towards the cross and empty tomb. Whether you have volunteered in some capacity in years past, or are interested in contributing something new, please contact Amy Clark (407-920-4365) if you are willing to serve. Pancakes and toppings will be provided by the church, and a sign-up sheet for select items is posted in the courtyard/parish house.

ASH WEDNESDAY falls on **March 5th** this year. We will have mass with the imposition of ashes at **7:00 am, noon** and a high holy mass at **7:00 pm**. “Remember that thou art but dust, and to dust thou shalt return.”

HEAD COVERINGS: In the ancient Christian church, it was often a custom of unmarried women and widows to veil themselves in public and at divine service. The wearing of the veil (*velamen* or *flammeum*) signified—especially to the unbelieving world—the constancy and loyalty of the faithful Christian woman to Christ alone, as she presented herself thereby as a living instantiation of Christ's Bride, the

Church. The *flammeum Christi* developed, in time, into the distinctive habit of professed religious sisters, but was also adopted in many places (even by married women) as a pious expression of the Church's collective submission and fidelity to Christ its head. The practice is a purely personal and voluntary expression of Christian piety, and is never required as an article of faith or practice.

NEED FOR PANTS: The Samaritan Resource Center is in desperate need of men's jeans or warm pants in sizes 32 to 36. (Please no dress slacks.) If you have any to donate, please drop them off **today** on the designated table in Kimsey Hall Parish House. They will be taken over to the center tomorrow morning with our monthly food donation.

SAMARITAN RESOURCE CENTER: This weekend we have the opportunity to serve the homeless. We will be preparing lunches in the Grundorf Hall kitchen **today** after the 10:15 mass, and will be delivering those lunches tomorrow, **Monday, February 24th** to those at the Samaritan Resource Center. Please join us in volunteering and **sign up on the bulletin board** for future months.

Dates to Remember

Please mark your calendars for the following days:

Today,	February,	23	Meal Prep for Samaritan Resource	11:30 am
Monday,	February,	24	Delivery of Meals ~Samaritan Center	9:00 am
Wednesday,	February,	26	Evening Prayer/Potluck/Lenten Study	6:00 pm
Tuesday,	March,	4	Shrove Tuesday Festival	5:30 pm
Wednesday,	March,	5	Ash Wednesday	7:00 am, noon, 7:00 pm