

## Diocese of the Eastern United States

**Vision:** To be a community of faith expressing the life and communion of the holy Trinity in the historic Anglican tradition.

**Mission:** To bring people to Jesus Christ and to incorporate them into the community of faith through our historic Anglican tradition.

### St. Alban's Anglican Cathedral

St. Alban's is the Cathedral Church of the Diocese of the Eastern United States of the Anglican Province of America. We are a part of the historic Holy Catholic Church, tracing our teaching and ministry to the Apostolic Church, and part of the worldwide Traditional Anglican movement.

#### CLERGY AND STAFF

The Most Rev. Walter H. Grundorf, D.D.,  
*Presiding Bishop & Rector Emeritus*  
The Very Rev. Ralph F. Waterhouse, *Dean*  
The Rev. David Keller, *Assisting Priest*  
The Rev. Bartol F. Stone, *Assisting Priest*  
The Rev. Mark A. Siegel, *Assisting Priest*

The Rev. Mr. Jacob Boyd Baker, *Deacon, Outreach/Missions*  
The Rev. Mr. Carlton A. Bridgewater, *Deacon*  
The Rev. Mr. Alton B. Witham, *Deacon-in-residence*  
Sister Linda Burns, *OSB, Deaconess*  
Mrs. Lisa Ulrich, *Cathedral Secretary*  
Ms. Bonnie Stanich, RN, *Parish Nurse*

#### CHURCH VESTRY

Ron Hines, <i>Sr. Warden</i>	Kelli Brodrecht
Bill Piastuch, <i>Jr. Warden</i>	Tom Conaughty
Gary Grund, <i>Treasurer</i>	Anyah Cook
Katie Wilder, <i>Secretary</i>	Jackie Dear
	Ginny Watts

#### STANDARD WEEKLY SERVICES AND EVENTS

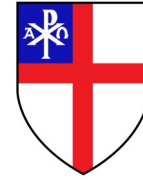
SUNDAY	TUESDAY	THURSDAY
8:00am Holy Eucharist	9:00am Women's Bible Study	10:30am Bible Study
9:15am Sunday School	<i>Nursery provided</i>	12 Noon Mass
9:15am Adult Forum	<i>(Resumes September 11)</i>	<i>(Resumes September 9)</i>
10:15am Holy Eucharist (Sung)		
<i>Nursery available at 10:15 am service</i>	<b>WEDNESDAY</b>	Parish Nurse Hours By Appointment
6:00 pm Youth Group <i>(as announced)</i>	6:00pm Holy Eucharist	
	<i>Nursery provided</i>	

### St. Alban's Anglican Cathedral

3348 West State Road 426, Oviedo, Florida 32765

stalbans@stalbansfl.com 407-657-2376 [www.stalbansfl.org](http://www.stalbansfl.org)

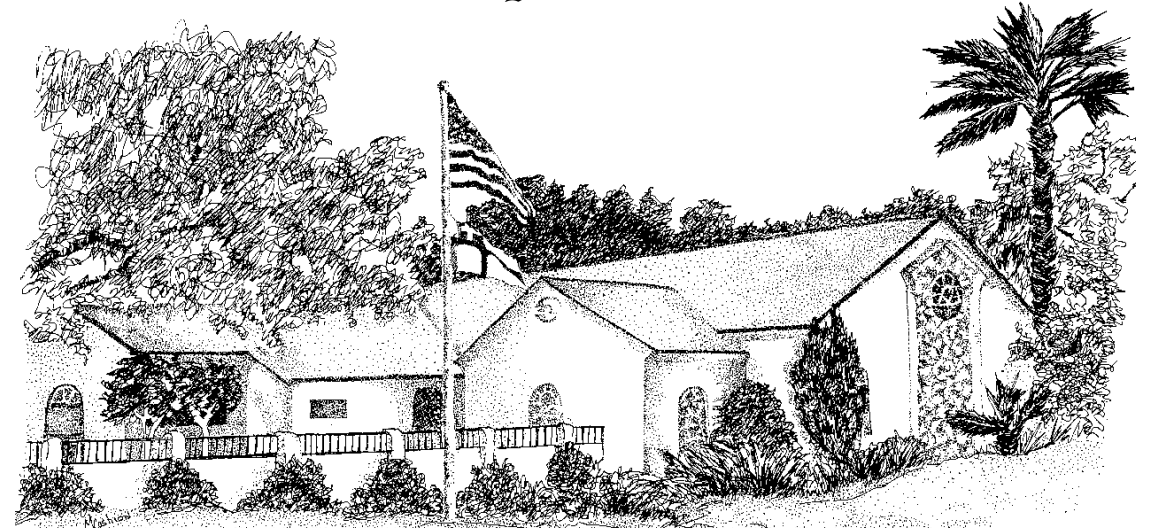
Visit us on Facebook at: St. Alban's Anglican Cathedral



## St. Alban's Anglican Cathedral

Twelfth Sunday after Trinity

August 19, 2018



*The drawing of St. Alban's Cathedral is the work of Marie Cashion, a member of the parish family.*

#### Welcome!

We are delighted that you have chosen to worship with us at St. Alban's. We are blessed by your presence. In this booklet you will find the order of the liturgy. In worship, we use the American Book of Common Prayer, 1928 Edition which is found in the pews. The hymns listed here and on the hymn board in the front of the church are found in the Red Hymnals in your pew. Our Bible readings are provided in this bulletin and Bibles are in your pew if you prefer to look up the passages.

*Nursery care* is available directly across the courtyard in the middle classroom of our fellowship hall.

PRELUDE

<i>Processional Hymn</i> (Stand)		<i>Hymnal</i> 157 <sup>2</sup>
Collect for Purity (Kneel)	Book of Common Prayer (BCP)*	67
Introit		
Summary of the Law		BCP 69
<i>Kyrie eleison</i>	<b>BCP 70</b>	<i>Hymnal</i> 710*
Collect for the Twelfth Sunday after Trinity		BCP 206
Lesson: Proverbs 9:1-6	Thomas Brodrecht	
<b>Psalm 34:9-14</b> (Read responsively by verse)		<b>BCP 380</b>
Epistle: Ephesians 5:15-20		
<i>Gradual Hymn</i> (Sing vs. 1-3 before Gospel, v. 4 after)		<i>Hymnal</i> 199 <sup>1</sup>
Holy Gospel: John 6:53-59		
<b>Nicene Creed</b>		<b>BCP 71</b>
Announcements/Special Blessings		
<i>Sermon Hymn</i> (Stand)		<i>Hymnal</i> 363
Sermon (Sit)	The Rev. Ralph F. Waterhouse	
Offertory Sentences (Stand)		
Offertory (Sit)		
Offertory Music		
<i>Presentation of Alms</i> (Stand)		<i>Hymnal</i> 139
<i>San:</i> All things come of thee, O Lord, and of thine own have we given thee.		
<b>Biddings:</b> (Kneel) Pray Brethren ... <b>(R)</b> May the Lord receive this Sacrifice at thy hands to the praise and glory of His Name, both to our benefit and that of all His Holy Church. Amen.		
Prayer for the Church (Kneel)		BCP 74-75
<b>Invitation &amp; Confession</b>		<b>BCP 75</b>
Absolution & Comfortable Words		BCP 76
<i>Sursum Corda, Sanctus &amp; Benedictus</i>	<b>BCP 76-77</b>	<i>Hymnal</i> 734 & 797
Canon of the Mass		BCP 80-81
<i>Lord's Prayer</i>	<b>BCP 82</b>	<i>Hymnal</i> 722
Prayer of Humble Access		<b>BCP 82</b>
<i>Agnus Dei</i>		<i>Hymnal</i> 712
<i>Ecce Agnus Dei:</i> Behold the Lamb of God ... <b>(R)</b> Lord, I am not worthy that Thou shouldst come under my roof, but speak the word only and my soul shall be healed. (3 times)		

Hebrew Ark of the Covenant carried by the priests of Israel



\*Book of Common Prayer can be found in Pew Racks  
Eucharist Booklet Service Music = **B**

## Twelfth Sunday after Trinity

### Proverbs 9:1-6

Wisdom has built her house; she has hewn her seven pillars. She has slaughtered her beasts; she has mixed her wine; she has also set her table. She has sent out her young women to call from the highest places in the town, “Whoever is simple, let him turn in here!” To him who lacks sense she says, “Come, eat of my bread and drink of the wine I have mixed. Leave your simple ways, and live, and walk in the way of insight.”

### Psalm 34:9-14

BCP 380

### Ephesians 5:15-20

Look carefully then how you walk, not as unwise but as wise, making the best use of the time, because the days are evil. Therefore do not be foolish, but understand what the will of the Lord is. And do not get drunk with wine, for that is debauchery, but be filled with the Spirit, addressing one another in psalms and hymns and spiritual songs, singing and making melody to the Lord with all your heart, giving thanks always and for everything to God the Father in the name of our Lord Jesus Christ.

### John 6:53-59

Jesus said, “Truly, truly, I say to you, unless you eat the flesh of the Son of Man and drink his blood, you have no life in you. Whoever feeds on my flesh and drinks my blood has eternal life, and I will raise him up on the last day. For my flesh is true food, and my blood is true drink. Whoever feeds on my flesh and drinks my blood abides in me, and I in him. As the living Father sent me, and I live because of the Father, so whoever feeds on me, he also will live because of me. This is the bread that came down from heaven, not as the fathers ate and died. Whoever feeds on this bread will live forever.” Jesus said these things in the synagogue, as he taught at Capernaum.

## Communion Music

Communion of the Faithful (Kneel)

*Communion Hymn*

Prayer of Thanksgiving

*Gloria in excelsis* (Stand)

Dismissal and Blessing (Kneel)

*Recessional Hymn* (Stand)

*Hymnal* 190

BCP 83

*Hymnal* 713

BCP 84

*Hymnal* 367

BCP 84

## POSTLUDE

*Please join us for coffee and conversation in Grundorf Fellowship Hall (across the courtyard) after Mass.*

## PRAYER LIST

**PARISHIONERS**—*Hunt and Shirley, TJ*, the Starks family, Jackie B., Bonnie, the Bailey and Layton families, George S., Lew and Linda, Vivienne H, James and Linnet, Don F., Randolph and Norma G., Bill H., Dutchie, Pat H., Barbara S., Olga, Dorrett, Ken C., Virginia S., Yvonne Lowen, Claudina, Andene, Victor, Norma L., Patricia M., David W., Marie W., Arthur, Dione, Fr. Boyd, Albert and Valda, Fr. Dane, Eric and Martha, Sidonie, June, Ginny M., Joan W., Marcia, Ivy, Cathy, Vicki, Sabrina, Una, Don K., Ray S., Jordan S., Larry and Mary, Linda T., Linda P., Bert, Eva B., Paul, Jessie, Mary Ann, Lance, Gary G., Kathleen, Marilyn, Anna, Marie C., Karen, Barbara G., Ben, Jennie, Robert, Doris B., Richard, Vilma and George, Sybil, Dale, McKenzie, Savannah, Jordan.

**FAMILY, FRIENDS & OTHERS**—*Mildred, the Bonk family, Leslie, Marguerite*, Kevin H., David B., Ron and Claudia, E.P., Kathy and Rob, Erica, Jean, Pat, Emily, the Korg family, Bill and Maggie, Sonia R., Michael J., Brooke and newborn Liam, Meredith and child, Liv and child, Emily and child, Barbara C., Omar, Rohan, Gil, Tanya, Cecilia, Charles, Elizabeth, John, Christopher, Danielle, Anna, Angela, Kef, John, Jennifer, Susan, Janet, Don, Ellie.

**TRAVEL**—TJ, James and Aleene, the McLean family, Tom and Sonja, Janet S., Cathy C., Aaron and Barbara, Norma and Randolph, Mary G., Chuck and Phyllis, Frank and Marilyn.

**ARMED FORCES**—All those serving our country at home and overseas, especially Milton, Jason and Manal in Iraq, and Jason C. at sea.

**RIP**—Thomas Bonk (grandfather of TJ Edwards).

New additions this week in *italics*; Hospital/Rehabilitation Facility in **bold**.

**PRAYER LIST REQUESTS**—Please **renew** any continuing prayer requests for family and friends by the **first week of each month**. Requests not renewed on prayer lists will be removed.

## ANNOUNCEMENTS

**THE ALTAR FLOWERS** are given to the glory of God, in loving memory of her mother, Karen Springer, by Anyah Cook, in loving memory of her mother, Sally Boone, by Kennie Wieland, and in thanksgiving for the birthday of Nicolas Maniatis, by Mindy Ruiz Veve.

**PHOTO DIRECTORY** is online under the 'Resource' tab of our website ([www.stalbansfl.org](http://www.stalbansfl.org)). The password is chalice2018 (lower case letters, no spaces between words). A hard copy is available for each member family on Sunday mornings in Grundorf Hall. A huge thank you to Elizabeth Frazer, Caroline Wieland, Amy Clark and Kendra Simasek for their hard work on this project!

**SECOND SUNDAY BREAKFAST**—To continue this tradition, we need more folks to volunteer to cook a Sunday Breakfast. The signup sheet is in the courtyard. Please take a moment to pick a month to host. Never hosted before? Feel free to ask Fr. Ralph any questions you may have.

**WE NEED YOUR HELP**—We have volunteer sheets in the courtyard **today** for help with our:

- **Second Sunday Breakfasts**
- **Coffee Hour Donuts**
- **Grace 'N Grits**
- **Shirley Hines Memorial Caribbean Dinner Dance**
- **HOPE Pantry Takeover** (on Grundorf Hall bulletin board)

Please take a moment and sign up to assist.

**THE FEAST OF ST. BARTHOLOMEW**—Mass will be offered **this Friday, August 24, at Noon.**

**SUNDAY SCHOOL AND ADULT FORUM** will resume **next Sunday, August 26, between services.** Parents, watch for information in the mail concerning classes and calendar.

**THURSDAY MORNING BIBLE STUDY** resumes **September 6 at 10:30 am.** We will be studying "the end times" with the book "The End is Near...*Or Maybe Not!*" by Bishop Kenneth N. Myers. We will also be looking at The Revelation of Jesus Christ to St. John using the book "The Lamb's Supper" by Scott Hahn. Please read St. Matthew 24, Revelation, and the two books listed above before class begins. Bring questions and comments on your reading for discussion. **Mass will be offered after each class at Noon.** Please see Sister Linda for more details.

**LADIES, SAVE THE DATE! September 16** is St. Brigid's Kick-off for the coming year! Details to follow---you won't want to miss this!

**HEALTHCARE SCHOLARSHIP**—The Healthcare Scholarship is available again. If you, a family member or a friend has been accepted into a healthcare education program, you may be eligible for one of our Shirley Hines Memorial Scholarships. Go to the St. Alban's website ([www.stalbansfl.com](http://www.stalbansfl.com)) and download the application and the directions for the scholarship. Start early in order to be sure you get all the required pieces in by the **deadline of Monday, Sept. 24, 2018.**

**PRAYER SHAWL MINISTRY**—St. Brigid's Women's Guild has an outreach ministry of making prayer shawls and blankets for those who need comfort during stressful times of their lives. These prayer shawls and blankets are knitted or crocheted by the Guild, then blessed at the Altar. They are then distributed as needed. A large quantity of yarn has been donated to be made into shawls and blankets. If you would like to participate in making them, see Sister Linda. No special pattern is used. The only requirement is that you pray for whoever will be receiving the shawl or blanket.

**A HOPE FOOD PANTRY THANK YOU**—It's been just over a year since St. Alban's started our monthly "pantry takeover" at the HOPE Foundation. In that time, we've sent over 40 volunteers to the food pantry and thrift store. Thank you so much for your generosity of time and donations! As we head into the Fall, **please check the sign up sheet on the board in Grundorf Hall to volunteer,** and remember to bring your food donations every second Sunday. (*Most needed foods are hearty soups, pasta sauce, beans, canned fruit, and peanut butter.*)

**IN THANKS**—"Betty and I want to thank everyone in our St Alban's family for the outpouring of love and support after my Dad passed away. We are very blessed to have such a wonderful church family, and we appreciate the heartfelt cards and letters. Dad will be missed by everyone. May he Rest in Peace." *Paul and Betty Starks*

**NOTE OF THANKS**—"We are forever grateful to our St. Alban's family for the overflowing love and care you shared with us surrounding Libby Huggins' passage into eternal life. We truly were sheltered in your prayers and actions, and in God's love. Thank you, every one." *Judy and John Potocki*

**DEUS FALL WOMEN'S RETREAT** will be held **November 1-3**, in Conyers, Georgia. Information and registration forms are now available. Please see Sister Linda if you are interested.